

CBA EAST WEBSITE: <https://cbae.archaeologyuk.org/>

FOLLOW US ON TWITTER: [@CBAEast](https://twitter.com/CBAEast)

CBA EAST NEWS

Our thanks go to Louise Harrison who organised our Autumn series of online talks and has prepared our Spring programme below. All talks will be at 7.30 pm, online and bookable through Eventbrite. Tickets are free but optional donations are welcome. Attendees will need to have or create an Eventbrite account with a password.

Tuesday Jan 28th. Heritage at Risk in the Eastern Region. Trudi Hughes. Trudi, a surveyor with Historic England East, is accredited in building conservation, and is experienced in all aspects of advice on the historic built environment with extensive experience within the private and public sectors. What is the state of our historic environment in the Eastern Region? What can we, as members of the public, contribute to safeguarding history? [Our Heritage at Risk in the Eastern Region: Trudi Hughes Tickets, Tue, Jan 28, 2025 at 7:30 PM | Eventbrite](#) See also “Heritage at Risk Register” under PUBLICATIONS.

Tuesday February 25th. Conservation of finds from the ‘London’ wreck. Angela Middleton, Senior Archaeological Conservator, Historic England. The ‘London’ was a 17th Century ship sunk in the Thames Estuary off Southend in Essex. Following tidal erosion, artefacts were lifted from the site and conserved. Angela will talk about the challenges of maritime finds processing, and what we have learned to date about the ‘London’.

Angela holds a degree in archaeological conservation from the University of Applied Sciences, Berlin, and an MSc in Maritime Conservation Science from the University of Portsmouth. She joined Historic England as an Archaeological Conservator in 2007. She is responsible for advising on and undertaking research and investigative conservation on material retrieved from land and marine sites and has a special interest in the conservation of waterlogged organic materials. [Conservation of finds from the ‘London’ wreck: Angela Middleton Tickets, Tue, Feb 25, 2025 at 7:30 PM | Eventbrite](#)

Tuesday March 25th.

More than food: What animal remains can tell us about life in the past.

Insights into the evidence we can collect from zooarchaeological material.. Dr Hayley Foster, Oxford Archaeology (Cambridge). Just old bones? What do we learn about people from studying faunal remains?

Hayley joined Oxford Archaeology’s Cambridge office in 2017 as their Zooarchaeologist. Hayley graduated with a BA in Anthropology from the University of North Carolina at Greensboro (USA), and has an MA in Osteoarchaeology from University of Southampton

and a PhD from the University of Exeter. Her PhD research involved studying butchery practices and dining habits from medieval castle faunal assemblages.

[More than food: What animal remains can tell us about life in the past. Tickets, Tue, Mar 25, 2025 at 7:30 PM | Eventbrite](#)

Your Committee:

Aileen Connor, Chair

Geoff Lunn, Treasurer

Louise Harrison, Secretary

David Gordon, Membership Secretary and Newsletter

George Ellison, YAC Liaison Officer

Alasdair Harrison, Social Media Secretary

Mike Pinner, Norfolk Rep

Andy Instone, Herts Rep

Mark Curteis, Essex Rep

Kenneth Dodd, General Member

To contact the Committee: cbaeast@archaeologyuk.org

CBA GROUPS WEEKEND

by Aileen Connor Chair CBA East

The CBA has been holding an annual Groups Weekend for many years. It is an opportunity for Group members to get together and meet each other in person while visiting and learning about a different CBA region. There are 11 Regional Groups and each has its own unique history, activities and styles but all are held together with a set of common aims.

Representatives of the Groups now meet 3 to 4 times a year by Zoom, enabling better communication between the Groups and the CBA Head Office, but the opportunity for an in person meeting is very welcome.

2024 was the first year that the weekend event returned since before the pandemic. I was fortunate to be able to go along to represent CBA East and thoroughly enjoyed the opportunity to visit some iconic archaeological sites as well as meeting fellow members from other regional groups.

Aileen's full report is being emailed separately to Members and will also appear on the CBA East website.

CBA NATIONAL NEWS

23 January 2025, 7.00 pm. Online.

[THIS IS ARCHAEOLOGY: Reconnecting Archaeology - Looking to the future of the Council for British Archaeology and its network](#)

With Katrina Gargett and Tejsaswi Mehta.

8 February 2025, 9.30 am. Online.

[2025 CBA Annual General Meeting and de Cardi lecture](#)

Being Present with the Past: Finding meaning through mindful engagement with archaeology.

2025 Annual General Meeting and de Cardi Lecture by Dr Claire Nolan.

CBA East is a registered charity in England & Wales 1086510.

PUBLICATIONS

Heritage at Risk Register 2024

Historic England published the latest edition in November. [Heritage at Risk | Historic England](#)

Proceedings of the Suffolk Institute of Archaeology and History 2024 is now available. Abstracts are published at [Proceedings of the Suffolk Institute of Archaeology and History 2024 abstracts](#). Previous volumes up to 2021 are available online. [Suffolk Institute](#)

Many excavation reports from our region are available to purchase or download at [Home - East Anglian Archaeology \(eaareports.org.uk\)](#) (Downloads become available as the publications go out of print).

Cotswold Archaeology publish their **grey literature reports** online. These can be found using their map search tool at [Cotswold Archaeology - Reports Archive](#). Either click on the map (and keep clicking until the book symbol appears next to your site) or try using “advanced search” and enter your county.

ARCHIVED TALKS ONLINE

Oxford Archaeology Research Seminars are available on their YouTube channel. See <https://www.oxfordarchaeology.com/research-our-seminars>

Spitalfields Charnel House. Video of a recent tour with Dr Jane Sidell, Inspector of Monuments). [Spitalfields Charnel House in London & The Garden at 120 Fenchurch Street](#)

LAMAS talks archive (London and Middlesex Archaeological Society). [\(1783\) London & Middlesex Archaeological Society LAMAS - YouTube](#)

Impington Mill. A talk by Steve Temple. A recording has been made of the talk which will be available for some time on the link https://us06web.zoom.us/rec/share/MvG-qC8Sx63fWHg0tYV79ZY6A6-VHtpOVLXx11s7x2Xl1zJDshR7_Go8AiLUNxCS.YF0yMkXAfqC77K5D
Passcode: [u.@WC68V](#)

LINCOLNSHIRE WATER MILLS

Jon Sass has created a series of documents on over 50 watermills in Lincolnshire, giving not just details of each mill and its history but also old and recent pictures. This can be seen by going to the website of the Society for Lincolnshire History and Archaeology [Society for Lincolnshire History and Archaeology](#); Click on the "Lincolnshire Watermills" item on the home page; that opens up a list of "Industrial Archaeology Features"; click on "Lincolnshire Watermills, and that opens up a grid of names of individual watermills you can click on to open.

DIGGING FOR BRITAIN

New series starts on 9th January.

FENSCAPES PROJECT

Fenscapes is hosted and funded by the McDonald Institute for Archaeological Research as part of its wider Fenland Initiative – in recognition of the exceptional historical character, research potential and public value of the archaeology of the Fens. The project aims to generate innovative and engaging perspectives on the long-term trajectories of landscapes, habitats and species, including humans. Alongside the core role of collating the very extensive pre-existing data from across the region into an open-access GIS resource, Fenscapes will consider new investigations, and act as a networking hub for the wider community. [FENSCAPES: Archaeology, Natural Heritage and Environmental Change | Department of Archaeology](#)

WELWYN ROMAN BATHS

Kris Lockyear and Antonio Reis (UCL Institute of Archaeology) have created a **digital 3D model of Welwyn Roman Baths** to help preserve the archaeology on the site. The baths were part of the Dicket Mead Roman villa which was built in the 3rd century AD. The site was excavated by the Welwyn Archaeological Society during the 1960s and early 1970s under the directorship of local archaeologist Tony Rook. The remains are now preserved in a vault under the A1(M) motorway and have been open to the public since the mid-1970s. View the interactive 3D model at [Welwyn Roman Baths - 3D model by UCL Institute of Archaeology \(@UCL Institute of Archaeology\) \[a43c668\]](#)

Long Melford Primary School Kicks Off New School Year with Archaeological Dig

Over 70 students from Long Melford Church of England Primary School will start the new academic year gaining hands-on involvement with an archaeological dig in the school grounds. This unique excavation experience has been organised by members of the Long Melford Heritage Trust Archaeological Team who prepared the site – on the school's playing field - over the summer. Activities will start on the 12th September and feed into the school's Roman Studies project.

Upon completion the children will be invited to attend a presentation based on an interpretation of their findings. There will be prizes for the best presentation. www.melfordheritage.org.uk

ROMAN EXPERIENCES FOR CHILDREN

Night at the Museum Virtual Sleepover

[Vindolanda](#) offers an online experience for families with younger children (or grandchildren!), available from 24th January – 6th February. Ages 5-9. Full details and booking at [Night at the Museum: Virtual Sleepover](#)

CBA East is a registered charity in England & Wales 1086510.

Archaeology for Families, 18 Feb - 21 Feb 2025, 10.30 am – 1.00 pm. Verulamium Museum. “A fun family friendly introduction to archaeology! Learn how archaeologists record what they find in the ground by analysing genuine finds.” Suitable for children 7 – 12 years old. Free with admission. <https://www.stalbansmuseums.org.uk/whats-on/archaeology-families>

VERULAMIUM MUSEUM TALKS

4th Jan – 30th March, times vary. Talks on **Roman Domestic Life** at Verulamium Museum, part of their regular gallery talks. Included in museum admission charge. <https://www.stalbansmuseums.org.uk/whats-on/domestic-life-gallery-talk>

1st Feb – 16th March, 2.30 pm. Talk on **Mosaics** at Verulamium Museum, part of their regular gallery talks series. Included in museum admission charge. <https://www.stalbansmuseums.org.uk/whats-on/mosaics-gallery-talk>

8th March, 2.30 pm. ‘**Trading in the Empire**’ at Verulamium Museum. Included in museum admission charge. <https://www.stalbansmuseums.org.uk/whats-on/trading-empire>

EXHIBITIONS

Mapping an Uneven Path: Stories of Health and Disability at Verulamium. Verulamium Museum, **ends February 23rd**. “This exhibition explores the ways in which Romans practised and understood medicine and healing, as well as their cultural attitudes towards disability. Through material evidence, literary sources and the contemporary dialogues of local disabled people, discover how these rich and nuanced histories help us to not only understand the past, but also our present.” Included in general museum admission. No booking required. <https://www.stalbansmuseums.org.uk/whats-on/mapping-uneven-path>

The Hidden Valley. Hidden Valley is the story of the discovery and excavation of two Anglo-Saxon cemeteries at the site of Sawcliffe in Roxby cum Risby during the 1990s. The exhibition will be looking at how these cemeteries fit into the landscape around them and how they relate to other sites in the local area. At North Lincolnshire Museum, Oswald Road, Scunthorpe, DN15 7B **until 4th May**. [The Hidden Valley - North Lincolnshire Museum](#)

Romans: Settling in Southend at Southend Central Museum, “The exhibition features a stunning collection of Roman artefacts from across South Essex, many of which are being displayed publicly for the first time.... Visitors will have the opportunity to explore artefacts unearthed from Roman settlements spanning from Prittlewell to Wickford, Shoebury to Rayleigh. Unlike traditional narratives focusing solely on battles, revolts and conquest, this exhibition delves into the domestic, offering glimpses into the personal and familiar aspects of Roman life.” **Until 23 March**. Entrance charge. <https://www.southendmuseums.co.uk/exhibitions/the-romans%3A-settling-in-southend>

Museum of Archaeology & Anthropology, Cambridge invites “**Exhibition proposals**. If you wish to propose an exhibition, please send a brief email to a member of the curatorial team in the first instance; indicating scope, content and potential sources of funding. Please note that our schedules are generally booked several years in advance.” [Exhibitions | Museum of Archaeology and Anthropology \(cam.ac.uk\)](#)

CBA East is a registered charity in England & Wales 1086510.

PERIODICALS NEEDING A HOME

A Member writes: We have a couple of hundred issues of **Current Archaeology** needing a home, specifically issues 1, + 26-308. Free to a good home, whether an organisation or a private individual with some spare shelf space! Could probably deliver if needed.

In addition there are 21 volumes of **LAMAS transactions**,
nos 27,28,29, 32, 35,36,37, 40,42,44,46,47,49,54,56,57,58,60,62,65,66

Contact: Charlotte via cbaeast@archaeologyuk.org

Also on offer: an almost complete set of **Current Archaeology Magazine** 1981 (Issue 75) through to the end of 2022 (Issue 394) and an almost complete set of **Current World Archaeology** from its launch to the same date (Issue 117). A small number of issues may have been borrowed and gone astray, but I have still have something like 430 magazines.

Contact stuart@smcrae.com

MEMBER SOCIETY: ROCHFORD HUNDRED FIELD ARCHAEOLOGY GROUP.

We are an amateur Archaeology group based in southeast Essex. We do excavation and other practical work and got going in 1993, a year before “Time Team” first appeared on our screens. Some archaeology societies don’t excavate but we do because we believe that properly planned and carefully done amateur work can make significant contributions to British archaeology and that people with an interest in the subject should have the opportunity of doing practical archaeological work. Our members live mainly in Havering and the Southend area and this is where we do our Archaeology. Practical work is mainly done in summer and we end this with a barbecue. Through the year we have meetings, an annual meal and a Christmas party. [Welcome - Rochford Hundred Field Archaeology Group](#)

MEETINGS AND LECTURES

Browse the websites of your local societies (see pages 9-10) for a further selection, and for later additions. **Always check websites for last-minute changes to talks and events.** If I receive additional information I will try to pass it on via email. All the links should work, but if not a search engine should find the information.

6th January, 7.00 for 7.30 online. Medieval Landscapes of Essex. Maria Medlycott, Senior Historic Environment Consultant, Place Services, Essex County Council. CAG Zoom lecture. See [Talks & Lectures - Colchester Archaeological Group \(caguk.net\)](#)
CAG Members £3.00, non-members £5.00.

8th January, 7.30 pm. Bill Franklin will talk on recent work at Reach, full title later. CAG lecture at McDonald Building, Downing Street, Cambridge. [Cambridge Archaeology Field Group](#)

9th January, 6.30 for 7.00 pm. National Trust Sutton Hoo have organised for **Sue Brunning** (Curator, European Early Medieval Collections at the British Museum) to give a talk on the **British Museum 'Silk Roads' exhibition** on Thursday 9 January at the Riverside Theatre, Woodbridge, Suffolk. The ticket booking link is [Silk Roads Talk- Riverside Theatre](#) which also contains the full event detail. £8.00.

13th January, 7.30 pm online. **Nautical Archaeology Society work around Sandwich Kent.** **Peta Knott**, Education Supervisor, Nautical Archaeology Society. CAG Zoom lecture. See [Talks & Lectures - Colchester Archaeological Group \(caguk.net\)](#) CAG Members £3.00, non-members £5.00.

17th January, 7.45 pm. **Old Linslade's Holy Well.** **Paul Tate.**
United Reformed Church Hall, Welwyn. [Schedule of Events](#)

20th January, 7.30. **the Roman canal of Car Dyke (or the Old Tillage) at Waterbeach and the role of the Horningsea Pottery Industry.** **Stephen Macaulay** (Oxford Archaeology).

Histon Methodist Church, High St, Histon, Cambridge CB24 9JD. [Histon & Impington Archaeology Group | A community archaeology group based in South Cambridgeshire](#)

20th January, 7.30 pm online. **The Battlefield Trust & The Battle of Assandun (Cnut versus Edmund Ironside 1016).** **Steve Davey.** CAG Zoom lecture. See [Talks & Lectures - Colchester Archaeological Group \(caguk.net\)](#) CAG Members £3.00, non-members £5.00.

21st January, 7.15 pm. **Digging the Fens.** **Bob Smith**, Secretary of Fenarch.
2nd Floor Meeting Room, Marriott's Restaurant, South Quay, King's Lynn PE30 5DT
[West Norfolk & King's Lynn Archaeology Society](#)

22nd January, 7.30 pm **Heathfield Down: an alternative location for the Battle of Hastings, 1066.**

An **online** talk by **Dr Rebecca Welshman** (University of Liverpool) and **Sean Coleman** (West Dean College) presenting evidence supporting this alternative location.
Fee: non-subscribers £4 (Subscribers £15pa) University of Sussex Archaeological Society.
Details from: www.sussexarchaeology.org

23rd January, 7.30 pm. **Mapping Verulamium.** **Kris Lockyear.**

Kris reveals some of the stunning results from the Community Archaeology Geophysics Group in and around Verulamium (modern St. Albans). Roman Roads Research Association online lecture. [Mapping Verulamium: by Kris Lockyear Registration, Thu 23 Jan 2025 at 19:30 | Eventbrite](#)

27th January, 7.30 pm online. **Art & Architecture in Neolithic Orkney.** **Dr Antonia Fraser** Lecturer in Archaeology UHI. CAG Zoom lecture. See [Talks & Lectures - Colchester Archaeological Group \(caguk.net\)](#) CAG Members £3.00, non-members £5.00.

28th January. **CBA East online talk. Heritage at Risk in the Eastern Region.** See Page 1.

28th January, 7.00 pm. **Romans in the Nene Valley.** **Professor Stephen Upex.** Fenarch Talk at Wisbech Rugby Club, PE13 1RG. Pre-booking is essential as accommodation is limited. Email info@fenarch.org.uk . Free to Fenarch members, others £5.00 pay on arrival.

CBA East is a registered charity in England & Wales 1086510.

29th January, 7.00 pm online. Evidence of Life in Death: 20 years of research into the community living at RAF Lakenheath, 450–750AD. Jo Caruth & Prof. John Hines.

In 1997, the discovery during archaeological excavation at RAF Lakenheath in Suffolk of an Anglo-Saxon man buried alongside his richly furnished horse made national news. The analytical report on the more than 400 people buried there between 450 and 750AD was published in 2024. The authors will present some of the evidence recovered and explain how it has contributed to the developing picture of life in Anglo-Saxon Suffolk.

Free ZOOM webinar from Cotswold Archaeology. Book at [Evidence of life in death: excavations at RAF Lakenheath Tickets, Wed, Jan 29, 2025 at 7:00 PM | Eventbrite](#)

31st January, 7.45 pm. Women archaeologists at Verulamium. Lexi Diggins.

United Reformed Church Hall, Welwyn. [Schedule of Events](#) |

31st January 2025, 2.00 pm. The Vikings, Their Magic Stones & Folklore, at Lynn Museum, Kings Lynn. Adults £2, NMS Passholders Free. “Join archaeologist and museum worker, **Monika Ingólfssdóttir** in an introduction to the Norse settlement of Iceland in the Viking age. Learn about the many precious stones the island had to offer the newcomers and how the people used them throughout the ages in relation to magic, healing, and folklore.” Booking recommended.

<https://www.museums.norfolk.gov.uk/article/65021/Afternoon-Talk---The-Vikings-Their-Magic-Stones--Folklore>

1st February, 2.15 pm. Excavations of a new Anglo-Saxon site in Norfolk, Lily Hodges, Cotswold Archaeology.). In person at Town Close Auditorium, Norwich Castle Museum, or **online:** book at [Microsoft Virtual Events Powered by Teams](#)

3rd February, 7.45 pm. Observations on Roman roads in East Anglia based on Lidar, geophysics and aerial imagery. Geoff Lunn. Online.

Geoff Lunn is a trustee of Colchester Archaeological Group, CBA East, and an active member of the Roman Roads Research Association. His talk will focus on the techniques used to rediscover lost roads.

CHAS lectures. See <https://welwynarchaeologicalsociety.wordpress.com/chas/> for Eventbrite link. If you are not a member of one of the contributing Societies, please consider giving a voluntary donation towards costs.

3rd February, 7.30 pm. In the Flow of Things: Encounters with the Mudlarks of the Thames Foreshore. Thomas Chivers. CAG lecture at Roman Circus House, Colchester.

3rd February, 6.00 pm. Linton in context: a Granta valley landscape. Rachel Clarke, Oxford Archaeology. The talk will focus on archaeological investigations carried out between 2004-10 on the lower valley slopes of the River Granta at Linton Village College, which revealed features and finds representing some four and a half thousand years of settlement, farming and ceremonial use of this Granta Valley landscape. CAS talk at Law Faculty, The David Williams Building, 10 West Rd, Cambridge CB3 9DZ [CAS talk: Linton in context: a Granta valley landscape | Cambridge Antiquarian Society](#)

10th February, 7.30 pm. Gossip from the Pharaoh's Village. Janet Brewer BEM Secretary of the Essex Egyptology Group. Further details at [Talks & Lectures - Colchester Archaeological Group](#). CAG Members £3.00. Non-members £5.00. Students £2.00.

17th February, 7.30 pm. Tradition and transformation - the origins of medieval fields and settlement. Professor Susan Oosthuizen.

Histon Methodist Church, High St, Histon, Cambridge CB24 9JD. [Histon & Impington Archaeology Group | A community archaeology group based in South Cambridgeshire](#)

17th February, 7.30 pm. Anglo-Saxon West Stow and The Lark Valley. Stephanie Paull, Heritage Officer. Further details at [Talks & Lectures - Colchester Archaeological Group](#). CAG Members £3.00. Non-members £5.00. Students £2.00.

18th February, 7.30 pm. Excavations at Haddenham, Cambridgeshire. Martin Brook, Director, Britannia Archaeology, Bury St. Edmunds. 2nd Floor Meeting Room, Marriott's Restaurant, South Quay, King's Lynn PE30 5DT. [West Norfolk & King's Lynn Archaeology Society](#)

24th February, 7.30 pm. Update on the dig at Clare Castle. Jo Caruth, Principle Post-Excavation Officer, Cotswold Archaeology. Further details at [Talks & Lectures - Colchester Archaeological Group](#). Roman Circus House, Colchester. CAG Members £3.00. Non-members £5.00. Students £2.00.

25th February. CBA East online talk. Conservation of finds from the 'London' wreck. See Page 1.

28th February, 7.45 pm. Chalk Children: death, love and two 5,000-year-old burials from the Yorkshire Wolds. Neil Wilkin.

Prehistoric Society Lecture. United Reformed Church Hall, Welwyn. [Schedule of Events |](#)

28th February, 7.30 pm. Salt winning on the Lyn. Graeme Clarke of Oxford Archaeology. Focused on the eastern side of the Wash and to the north of an ancient inlet known as the Lyn, the marshland was rich in salt or 'white gold', gathered from the brine-saturated muds and processed using the post-Roman technique of sand-washing or sleeching. One of the key results of the OAE excavation has been firmly to establish that the sand-washing method was in use on the east coast of England as early as the Middle Saxon period (8–9th century), continuing into the medieval period and beyond in some places. FEAG talk at Rampton Village Hall, Cambridge, CB24 8QA.

1st March, 2.15 pm. The Sue Margeson Memorial Lecture: Rendlesham Revealed: exploring an East Anglian Royal Centre, Prof Christopher Scull, Cardiff University and University College London. In person at Town Close Auditorium, Norwich Castle Museum, or **online:** book at [Microsoft Virtual Events Powered by Teams](#)

3rd March, 7.45 pm. Matt Pope: Thinking about the Ice Age archaeology and environments of the capital. Online.

Matthew Pope of UCL Institute of Archaeology will be exploring the rich record of our Ice Age past preserved in London, through certain key sites and the history of their discovery. CHAS lectures. See <https://welwynarchaeologicalsociety.wordpress.com/chas/> for Eventbrite link. If you are not a member of one of the contributing Societies, please consider giving a voluntary donation towards costs.

3rd March, 6.00 pm. The foods of the wood: The animals of Must Farm. Vida Rajkovaca. Amongst the site's almost clichéd Late Bronze Age domesticity, the roundhouses and the pots, a remarkable collection of animal bone was found, revealing how the community engaged with the environment around them, the animals and their foodways. From the time of agricultural intensification, the unusually 'wild' Must Farm faunal assemblage casts new light on the domestic life in this swampy landscape. CAS talk at Law Faculty, The David Williams Building, 10 West Rd, Cambridge CB3 9DZ. [CAS talk: The foods of the wood: The animals of Must Farm | Cambridge Antiquarian Society](#)

11th March 2.00 pm. Some churches of SW Norfolk and Why So Many Are Isolated - Dr Ian Hinton at The Ancient House, Thetford. Adult - £5, Adult Ancient House Friends - Free, Adults Norfolk Museums Service - Free. <https://www.museums.norfolk.gov.uk/article/65313/Some-churches-of-SW-Norfolk-and-Why-So-Many-Are-Isolated---Dr-Ian-Hinton>

14th March 2025, 7.45 pm. WAS AGM and the first annual Tony Rook lecture: Roman Baths in Britain. Kris Lockyear. United Reformed Church Hall, Welwyn. [Schedule of Events |](#)

19th March. 5.30 for 6.00. The recent dig at Sizewell. Oxford & Cotswold Archaeology – Cotswold Archaeology and Oxford Archaeology jointly undertook a series of archaeological evaluations for the EDF Energy Nuclear development site at Sizewell C. They will tell us what they have discovered. Sizewell had a burgeoning 13th-century settlement and was granted a market in 1237. So, expect to hear about its history from ancient times through no doubt to World War 2. [Aldeburgh and District Local History Society \(adlhs.org.uk\)](#) The Old Generator Station, Kings Field, Aldeburgh IP15 5HY.

21st March, 7.30 pm. The Norfolk Wool Trade 1200 -1600. Roger Auguile -Local Historian. GYLHAS lecture at Christchurch, King Street, Great Yarmouth. [Great Yarmouth Local History and Archaeology Society - Excursions](#)

25th March. CBA East online talk. What animal remains can tell us about life in the past. See Page 1.

15th April, 7.30 pm. Cows and Crucifixion, a remarkable roadside settlement at Fenstanton. David Ingham, Albion Archaeology. 2nd Floor Meeting Room, Marriott's Restaurant, South Quay, King's Lynn PE30 5DT. [West Norfolk & King's Lynn Archaeology Society](#)

17th April, 7.30 pm. 17th April 2025. LMHAS AGM followed by The Eyes of the Few: Bawdsey Radar Station. Graham Murchie. The Old School Community Centre, Long Melford CO10 9DX. [Long Melford Historical & Archaeological Society](#)

12th May, 7.30 for 8.00 pm. East Anglia in the 4th and 5th Centuries. Dr Sam Lucy (Cambridge, Newnham). WEAG. Woodford County High School, Woodford Green, Essex IG8 9LA. Non-members are welcome to attend lectures but a voluntary contribution of £2 would be appreciated.

9th June. 7.15 for 7.30 pm. Victoria County History of Essex update Ken Crowe.
WEAG **online** meeting. Non-members are welcome to join in the Zoom meetings (for a £2 contribution). Contact membership@weag.org.uk for more details.

LOCAL SOCIETIES Here is a list of our Member Societies. Please see individual Societies' websites for further information.

ALDEBURGH AND DISTRICT LOCAL HISTORY SOCIETY

<http://www.adlhs.org.uk/>

AYLSHAM ROMAN PROJECT

[Aylsham Roman Project – Getting the community into holes](#)

CAISTOR ROMAN PROJECT

[Caistor Roman Project | Venta Icenorum, Casitor St Edmund, Norfolk.](#)

CAMBRIDGE ANTIQUARIAN SOCIETY

[Cambridge Antiquarian Society | Safeguarding Cambridgeshire's Past](#)

CAMBRIDGE ARCHAEOLOGY FIELD GROUP

<http://www.cafg.net/>

CHELMSFORD MUSEUM SERVICE [Chelmsford Museum | Essex Regiment | Free Entry](#)

COLCHESTER ARCHAEOLOGICAL GROUP

Forthcoming lectures will be available to Group members via ZOOM. [News & Events - Colchester Archaeological Group \(caguk.net\)](#)

EAST HERTS ARCHAEOLOGICAL SOCIETY AND BRAUGHING ARCHAEOLOGY GROUP <https://www.ehas.org.uk/html/events.html>

ESSEX INDUSTRIAL ARCHAEOLOGY GROUP <http://esah1852.org.uk/eiag>

ESSEX SOCIETY FOR ARCHAEOLOGY AND HISTORY

[Events | Essex Society for Archaeology & History \(esah1852.org.uk\)](#)

FEN EDGE ARCHAEOLOGY GROUP <https://feagblog.wordpress.com/>

FENLAND ARCHAEOLOGICAL SOCIETY <https://www.fenarch.org.uk/>

GYLHAS [Great Yarmouth Local History and Archaeological Society \(greatyarmouthlocalhistoryandarchaeology.com\)](#)

HISTON AND IMPINGTON ARCHAEOLOGY GROUP <https://hiarchaeology.wordpress.com/#>

LONG MELFORD HERITAGE TRUST www.melfordheritage.org.uk

LONG MELFORD HISTORICAL & ARCHAEOLOGICAL SOCIETY

[Long Melford Historical & Archaeological Society \(lmhas.co.uk\)](http://LongMelfordHistoricalAndArchaeologicalSociety(lmhas.co.uk))

MIDDLE NENE ARCHAEOLOGICAL GROUP <https://www.midnag.org.uk/events.html>

NORFOLK ARCHAEOLOGICAL AND HISTORICAL RESEARCH GROUP

<http://www.nahrg.org.uk/>

CBA East is a registered charity in England & Wales 1086510.

NORFOLK INDUSTRIAL ARCHAEOLOGY SOCIETY <http://www.norfolkia.org.uk/>

Meetings in person and on ZOOM.

NNAS <https://www.nnas.info/activities/#conferences>

NORTH LINCOLNSHIRE MUSEUM [What's On - North Lincolnshire Museum](#)

ORWELL HISTORY SOCIETY [LHS Programme 2023 2024 A5.pdf](#)
(orwellpastandpresent.org.uk)

ROCHFORD HUNDRED FIELD ARCHAEOLOGY GROUP <http://rhfag.dubsnet.co.uk/>

SPALDING GENTLEMEN'S SOCIETY <https://www.sgsoc.org/>

STOUR VALLEY COMMUNITY ARCHAEOLOGY
[About | Stour Valley Community Archaeology \(wordpress.com\)](#)

SUFFOLK ARCHAEOLOGICAL FIELD GROUP [Suffolk Archaeological Field Group](#)
(suffolkinstitute.org.uk)

SUFFOLK ARCHAEOLOGICAL SERVICE [Suffolk Archaeological Service - Suffolk County Council](#)

SUFFOLK INSTITUTE OF ARCHAEOLOGY AND HISTORY
<https://www.suffolkinstitute.org.uk/>

WELWYN ARCHAEOLOGICAL SOCIETY
<https://welwynarchaeologicalsociety.wordpress.com/>

WEST ESSEX ARCHAEOLOGICAL GROUP <http://www.weag.org.uk/events/lecture-programme/>

WEST NORFOLK AND KING'S LYNN ARCHAEOLOGICAL SOCIETY
<http://wnklas.greylark.org.uk/main.php?p=home.htm>

WOODBIDGE RIVERSIDE TRUST
[Woodbridge Riverside Trust - A thriving community space at the heart of the Woodbridge waterfront](#)

MEMBERSHIP

Many of our Members renew their membership alongside their national membership, via the CBA website. Members who are not also members of the national organisation renew via standing order to our bank account **or** annually on 1st January. **If your renewal was due on 1st January you will receive a reminder email.** Membership is £5.00 for individuals and £7.00 for Affiliated Societies. To join, please use the form at [Membership-Application-DCG.pdf \(archaeologyuk.org\)](#). Please contact me if you need our bank details to make a transfer.

There is no need to join CBA to be member of CBA East.

There will be a modest increase in the Membership fees from 1st April 2025.
Please let us know if you wish to be removed from our mailing list.

CBA East is a registered charity in England & Wales 1086510.

CBA CODE OF CONDUCT

As affiliates of the national Council for British Archaeology, we at CBA East have signed up to the CBA Code of Conduct which can be read here: <https://www.archaeologyuk.org/code-of-conduct.html>

GRANTS

CBA East awards small individual grants in support of archaeological study. We are keen to support a broad range of activity, and particularly wish to promote education, research, public awareness and participation in archaeology in the region. The criteria are flexible and hence appropriate for individuals or newly formed groups who are seeking funding for training, help with investigation of potential sites, or informal publication of initial work. Applications from young people who live in the region are particularly welcome. There is no longer a maximum on the amount of grant that can be applied for. Each grant application will be determined on its merits but must have some educational benefit for the local community. Applications for grants may be submitted at any time for consideration at the next following Committee meeting.

Further details at <http://cbae.archaeologyuk.org/grants/>.

COPY FOR THE NEWSLETTER

The next Newsletter will be issued in June 2025 (e-mail only). **Please send items for inclusion** to CBAE.Newsletter@archaeologyuk.org.

Secretaries of Affiliate Societies who have not already done so are invited to add me to their mailing lists. I can also e-mail our members with information about specific events in between our regular Newsletters, but please give me enough warning! I may not be able to pass on information if not given reasonable notice. It is always helpful if I can give a link to a relevant web page. Use the above address or my personal address gordon780@btinternet.com

My thanks to all those Member Societies and Groups who have sent me information this time! Please bear in mind that I cannot include everything I receive – Members are urged to visit the Society websites listed above for more detailed information.

David Gordon. Newsletter Editor.